 *The Rustic Heart*

Baked Oatmeal

Ingredients

1 Cup Oats – Regular oats not instant

1 Cup Milk

1 Apple, peeled, cored and diced

¼ Cup + 2 TBSP Walnuts, chopped

½ Cup + 2 TBSP Light Brown Sugar

1 Teaspoon Vanilla Extract

1 Teaspoon Cinnamon

1 Teaspoon Baking Powder

1 Egg, lightly beaten

2 Tablespoons butter, melted

Pinch of Salt

Directions

Preheat oven to 350º. Grease the bottom of a baking dish or ramekins. Mix the oats and milk together to soak. In a separate bowl, mix the diced apple, ¼ cup chopped walnuts, ½ cup brown sugar, vanilla extract, cinnamon, baking powder and salt. Mix to combine all ingredients. Stir in the lightly beaten egg and the melted butter. Add the oat and milk mixture and thoroughly mix all ingredients together. Pour into baking dish and top with the extra 2 tablespoons of brown sugar and walnuts. Bake for 20 minutes.